

LABOR AND BIRTH: TERMS TO KNOW

ECTOPIC PREGNANCY: when zygote remains in fallopian tubes

EPIDURAL: a shot in the spine to numb mother during birth

MISCARRIAGE: The loss of a pregnancy before the baby is viable (22 weeks approx.)

STILLBIRTH: The ending of a pregnancy after viability or a full term baby that is not alive at birth

BREECH BIRTH: When a baby is positioned feet or buttocks first

FORCEPS: tong-like instruments used to assist a difficult delivery

CESAREAN SECTION: surgical removal of the baby

EPISIOTOMY: a cut in the perineum to allow the baby to fit

AFTERBIRTH: placenta, amniotic sac and umbilical cord

3 STAGES OF LABOR:

1. LABOR:

Contractions (4-5 min apart go to hospital)

Water breaks

Cervix dilates (needs to be 10 cm)

(4-10 hours on average)

2. DELIVERY:

Pushing the baby out of the vagina

30 min to 2 hours

3. AFTERBIRTH

Delivering the afterbirth (5-10min)

THINGS DONE IMMEDIATELY TO A NEWBORN:

Suction nose and mouth

Cut umbilical cord

Shot of vitamin K

Clean

Weigh/measure

Eye drops to prevent infection

